

Stamp Out Smoking Fires

Tacoma Fire Prevention Bureau 3471 S. 35th St. Tacoma WA, 98409

Smoking and Fires

According to the Washington State Fire Marshal's Office, people falling asleep while smoking is the leading cause of fire fatalities in our state. Frequently, the fires begin when upholstered furniture, mattress and bedding are ignited and the person that is smoking is the most likely to die in those fire.

If You Smoke... Follow These Precautions

- _____ Never smoke in sleeping areas.
- _____ Remove all smoking materials from sleeping areas.
- _____ Do not smoke on or near upholstered furniture.
- _____ Only smoke when you are awake and alert.
- _____ Use heavy deep ashtrays while smoking.
- _____ Never smoke while on medications.
- _____ Never smoke while on medical oxygen.
- _____ Never smoke when consuming drugs and/or alcohol.
- _____ Keep matches and lighters out of reach of children.

Watch For New Technology

Tobacco companies are gearing up to produce a new breed of cigarette that will be less apt to start fires. These fire safe cigarettes either have a lower ability to ignite substances (even though the cigarette burns its entire length) or will self extinguish when left unpudded for an extended period of time.

Protect Your Home From Fire

A working smoke alarm cuts the risk of dying in a home fire by nearly half.

- _____ Install smoke alarms on every level of your home and outside each sleeping area.
- _____ Make sure to install fresh batteries annually, or better yet, install 10 year Lithium-Ion batteries/alarms.
- _____ Consider residential sprinkler systems for the ultimate in protection.

Escape Plan

Fire prevention and preparation can save lives!

- _____ You have a plan of escape showing two ways out of every room in your home - especially bedrooms.
- _____ You regularly practice your escape plan by holding fire drills in your home.
- _____ Every phone is labeled with a 911 sticker and your address.



Consider Not Smoking

If you want to stop smoking call the **Washington State Tobacco Quit Line at (877-270-STOP)**. A trained specialist will provide you with one-on-one counseling and a customized plan to help you quit for good. Remember, calling the quit line can double your chances of quitting successfully.

**For More Information Contact:
Tacoma Fire Department
Public Education Office
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