



**Section I: Employee Information (please print)**

Employee Name: \_\_\_\_\_ Employee Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

**Please select how you would like to receive information from the Disability and Leave Management (DLM) Office:**

Mail (address noted above)       Personal Email (insert email address): \_\_\_\_\_

**Section II: Reason for Leave**

- Employee Medical**- Leave due to employee’s own serious health condition.
- Parental** - Leave due to care for a child born to or placed for adoption or foster care with employee. Provide anticipated date of birth or placement:
- Family Care** – Leave to care for employee’s family member with a serious health condition. Provide family member’s name and relationship to employee:
- Injured Service member**- Leave to care for a service member due to an injury or illness incurred in the line of duty while on active duty in the Armed Forces. Provide family member’s name and relationship to employee:
- Qualifying Exigency**- Leave that arises due a family member’s call to active duty or notification of an impending call to active duty in the armed forces in support of contingency operation. Provide family member’s name and relationship to employee:

**Section III: Duration of Leave** (Select the appropriate box(es), and include the anticipated duration of requested leave)

<input type="checkbox"/> Continuous Leave		<input type="checkbox"/> Intermittent Leave	
From:	To:	From:	To:

**Section IV: Signature** (Please read the documents attached to this form for additional instructions)

I understand that my leave may be delayed or denied if the Medical Certification Form, provided herewith, is not returned in accordance with the instructions set forth herein. I understand that in the case of my own serious health condition, when on continuous FMLA, **I will need to provide a medical release from a medical provider to the DLM office before returning to work.**

\_\_\_\_\_  
Signature of Employee

\_\_\_\_\_  
Date

**Section V: Routing** Please send completed forms to:

Disability and Leave Mgt. Office, City of Tacoma Human Resources Department  
747 Market Street Room 1420 Tacoma, WA 98402  
Confidential Fax: (253) 591-5451 • Email Address: [disabilityleavemgmt@cityoftacoma.org](mailto:disabilityleavemgmt@cityoftacoma.org)  
**To request this information in an alternative format please contact: (253) 591-5452.**