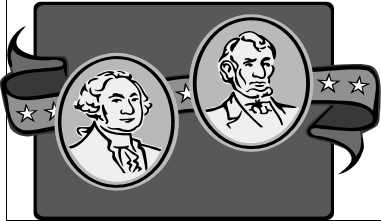



Lighthouse Nutrition Program February 2012

Mon	Tue	Wed	Thu	Fri
		1 Pork en Salsa Verde Navy Bean Soup Green Salad Peaches	2 Belgian Waffles w/ Strawberries Sausage Scrambled Eggs Orange Juice	3 Macaroni & Cheese Brussels Sprouts Wheat Roll Fruit Cocktail
6 Sloppy Joe Peas Apricots Jello	7 Baked Fish Scalloped Potato Broccoli Tropical Fruit	8 Chicken Fajitas Chicken Soup Refried Beans Peaches	9 Sweet & Sour Meatballs Rice Green Beans Pineapple	10 Mesquite Chicken Roasted Potato Broccoli, Cornbread Mixed Fruit
13 Ham & Cheese Sand. Cucumber Slices w/Ranch Dressing Grapes Chocolate Pudding	14 Ivar's Clam Chowder Green Salad Bread Stick Berries w/Topping	15 Taco Salad Meatball Soup Bananas w/Cream	16 Turkey Pot Pie Mixed Vegetable Apricots	17 Beef Burrito Refried Beans Spanish Rice Pineapple Carrot Salad
CLOSED	21 Hot Turkey Sandwich Mashed Potato & Gravy Green Bean Cranberry Sauce	22 Beef Chimichangas Chips and Salsa Barley Soup Rice Pudding	23 Salmon Patty Wild Rice Broccoli Wheat Roll Peaches, Cookie	24 BBQ Pork Sandwich Baked Beans Apple Coleslaw
27 Chicken Egg Roll Fried Rice Asian Vegetables Mandarin Oranges	28 Beef Macaroni Italian Vegetable Apricots Chocolate Pudding	29 Chicken Fricaze White Rice Vegetable Soup Pears		

For reservations, call (253) 474-1200.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
 Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.