PHARMACY QUICK GUIDE

Get the most from your pharmacy benefits

Have a prescription to fill? Wondering if you should switch to a generic or use our home delivery service? Here are some quick tips and programs you need to know about.

How to fill your prescription

Whether you have a new prescription or need to refill an existing one, our network of more than 65,000 participating pharmacies has you covered—across the country and around your corner.

Show your member ID card to your pharmacist so they can file your claim with us online and tell you how much you owe.

Programs to stretch your pharmacy dollar

Our programs are designed to put valuable medication and health support into your hands, while also saving you money.

Covered drug list

When it comes to choosing medications, it's important to know how the list of covered drugs—or formulary—works.

The covered drug list divides medications into multiple tiers, each with its own cost share. Before we add a medication to the list, our team of doctors and pharmacists carefully evaluate how safe and effective it is while assessing whether it will improve health.

What does this mean for you? By knowing whether your benefit plan covers your medication as well as which tier it falls under, you'll know how much you owe. You can also be assured you're getting effective medications that are budget-friendly.

Generics

Generic and brand-name medications have the same strength, quality and purity. But, generics generally cost 20% to 60% less. So, ask your doctor if there is a generic drug that will work for you.

90-day fills

Our 90-day Fill Program provides the convenience of less frequent refills. With more supply of your medication on hand, it's easier to take your medication as prescribed. Plus, you'll save on the time and money you would normally spend going to and from the pharmacy every month.

Clinical programs

Our clinical programs can help you improve management of your condition and lower costs so you can be healthy and save money.

Home delivery

You can get some medications—like the ones you take for a chronic condition—mailed to you at the location of your choice. That means fewer trips to the pharmacy, and it can even save you a copay or lower your out-of-pocket costs if you have coinsurance.



Specialty Pharmacy

If you take a specialty medication (e.g., injectable drugs and those medications that need special handling), you'll likely have lower out-of-pocket costs when you use our Specialty Pharmacy partner. In some cases, your plan may require that you use our Specialty Pharmacy.

To assist you with the complexities of your condition and its treatment, our Specialty Pharmacy services will help you coordinate refills, monitor side effects, and give you 24-hour access to clinical specialists. You'll even get injectable supplies for free—and everything can be delivered to your home or location of your choice.

Site of care

If you need infused medications, we can help you find a provider in a more convenient, and often less expensive, location.

Blood Glucose Meter Program

If you have diabetes, you're eligible to receive a new LifeScan OneTouch® glucose meter at no cost. Order your meter directly from LifeScan by calling 1-855-306-2278.

Understanding pre-authorization

To ensure you're getting the best drug and value, we review prescriptions for some medications before we cover them. Drugs on the pre-authorization list include many for which equal or more effective and lower cost options exist.

If your drug needs pre-authorization, you'll want to do one of two things:

1. Talk with your doctor to see if there's an alternative treatment that does not require pre-authorization.

OR

2. Have your doctor or pharmacist request pre-authorization for your medication. You may need to get that authorization before you can get your prescription filled.



Stay connected

Visit regence.com to access the newly designed pharmacy experience for drug coverage, pricing, network pharmacies and more. (Available for 2018 benefit plans.)

Questions? Call the Customer Service number on your member ID card.



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